

2012 Empire 8 Cross Country Championships

Saratoga Spa State Park • Saratoga Springs, N.Y. • Saturday, Oct. 27, 2012
 Alfred • Hartwick • Houghton • Ithaca • Nazareth • St. John Fisher • Stevens • Utica



WOMEN'S ROSTERS

Alfred University

Bib #	Name
1	Shannon Dalton
2	Morgan Flick
3	Tracie Forrester
4	Kylee Gaier
5	Alyssa Goot
6	Corine Pettit

Hartwick College

Bib #	Name
7	Abigail Nelson
8	Becky Talbot
9	Erica McPhail
10	Grace Nealon
11	Katherine Bartlett
12	Krista Poore
13	Monica Prager
14	Nicole Strum
15	Sheila Niedziela
16	Tricia Phillips

Houghton College

Bib #	Name
17	Cydney Blong
18	Lauren Campbell
19	Cara Davenport
20	Anna Delfini
21	Emylianne Fujimura
22	Annelsie Hein
23	Mary Ho
24	Hannah Jennings
25	Samantha Juber
26	Alyssa Kiser
27	Jillian Lewis
28	Sarah Munkitrick
29	Katrina Relyea
30	Leah Willaims

Ithaca College

Bib #	Name
31	Allison Bartkowiak
32	Opal Jessica Bogdan
33	Meghan Cass
34	Annemaire Charno
35	Anastasia Diamond
36	Anna Fay
37	Carly Graham
38	Mary Claire Hartford

39	Ebonie Howard
40	Jaime Lisack
41	Carolyn Malone
42	Alexa Rick
43	Megan Schenk
44	Emily Smith
45	Rachel Spirito

Nazareth College

Bib #	Name
46	Bethany Althaus
47	Bridget Dunbar
48	Leigh Fournier
49	Michaela Gildemeyer
50	Lauren Heitzhaus
51	Lauren Jamieson
52	Kassie Lathrop
53	Mary Losito
54	Blair Meeson
55	Kayla Murphy
56	Kayleigh Olive
57	Courtney Pitman
58	Kelsey Ryan
59	Kirsten Schoenborn
60	Shanna Swanson

St. John Fisher College

Bib #	Name
61	Sarah Coon
62	Shannon Davis
63	Renee Deruchia
64	Devon Donatello
65	Taylor Gallup
66	Nicole Graziadei
67	Stephanie Guzelak
68	Sarah Harrington
69	Julianna Holland
70	Morgan Mastin
71	Allyssa McLaughlin
72	Jordan Rhen
73	Katlin Shippy
74	Makenzie Swartwood
75	Ashley Tarr
76	Nicole Vainauskas
77	Amanda Westfall

Stevens Institute of Technology

Bib #	Name
78	Amira Dardir
79	Kelly Freed
80	Janice Frontera

81	Emily Grupe
82	Alexandra Haracz
83	Christine Hecker
84	Ericka Iosue
85	Laura Lemke
86	Olivia Martindale
87	Dominique Michalec
88	Kate Moyer
89	Ashley Princiotta
90	Maura Quinn
91	Amy Regan
92	Amber Rorick
93	Sarah Zahran

Utica College

Bib #	Name
94	Jaimee Balloni
95	Sam Bennett
96	Savannah Bernardin
97	Julie Bowler
98	Katie Day
99	Sarah DePalma
100	Rianne Erlwein
101	Alexis Holmer
102	Emily Hudson
103	Kelsey Painter
104	Kate Pearce
105	Sam Slattery
106	Sarah Spittler
107	Ashton Villeneuve

EMPIRE 8 WOMEN'S CHAMPIONS

2011 – Ithaca	Alissa Kersey (Ithaca), 18:26
2010 – Ithaca	Heidi Baumbach (Ithaca), 18:13
2009 – Ithaca	Jenn Randall (Ithaca), 17:53
2008 – Ithaca	Lindsey Nadolski (Ithaca), 17:44
2007 – Ithaca	Lindsey Nadolski (Ithaca), 18:03
2006 – Ithaca	Rachel Blasiak (Ithaca), 17:51
2005 – Ithaca	Rachel Blasiak (Ithaca), 17:47
2004 – Ithaca	Bridgette Pilling (Ithaca), 18:52
2003 – Ithaca	Amanda Laytham (Ithaca), 17:48

MEN'S ROSTERS

Alfred University

<u>Bib #</u>	<u>Name</u>
151	Randy Brito
152	Eathan Foster
153	Arther Gross
154	Edward Potter
155	Nolan Rummel
156	Jeremy Weaver

Hartwick College

<u>Bib #</u>	<u>Name</u>
157	Cody DeBernardis
158	Gavin Jenkins
159	Ethan Kelly
160	Ethan Staats
161	John Stuligross
162	Keir Alexander
163	Matt Loignon
164	Trevor Mayer

Houghton College

<u>Bib #</u>	<u>Name</u>
165	Daniel Buckley
166	Jordan Cady
167	Anthony Cappello
168	Luke Deboer
169	Aaron Fitzgerald
170	Jonathan Lewis
171	Tim McGowan
172	Justin Moser
173	Jason Orlando
174	Steve Piazza
175	David Richards

Ithaca College

<u>Bib #</u>	<u>Name</u>
176	Anthony Altobelli
177	Nicholas Athanasatos
178	Shai Ben-Dor
179	Nathan Bickell
180	Larkin Bohanan
181	Jason Christopherson
182	Steve Derderian
183	David Geary
184	Stephen Gomez
185	Ben Grove

186	Sawyer Hitchcock
187	Samuel Horwath
188	Matthew Kastler
189	Chris Lotsbom
190	Joseph Lu
191	Tyler Murray
192	Ndue Palushi
193	Dennis Ryan
194	Billy Savage
195	Mark Vorensky

Nazareth College

<u>Bib #</u>	<u>Name</u>
196	Matt Fedrizzi
197	Peter Fekete
198	Jake Lafaver
199	Patrick Neureuter
200	Josh Strough

St. John Fisher College

<u>Bib #</u>	<u>Name</u>
201	Robert Battaglia
202	Adam Bradley
203	John Greiner
204	Sam Harbol
205	Max Hartnett
206	Matt Herbert
207	Zach Hilt
208	Vince Ippolito
209	Kevin Jablonski
210	Evan Magnussen
211	Brenden Mance
212	Jeffrey Mangiafesto
213	Mark Massaro
214	Eric Mikols
215	Yanko Panipinto
216	Jose Ramos
217	Matt Staples
218	Ethan Weeks
219	Josh Zimmerman

Stevens Institute of Technology

<u>Bib #</u>	<u>Name</u>
220	Zach Andrews
221	Kevin Barresi
222	Matt Bombard
223	Michael Cahill

224	Nick Chapel
225	Tom Cunningham
226	Isaac Downey
227	Francis Garcia
228	Jeremy Simoes
229	Troy Kanaszka
230	Brian Lawrey
231	Zach McKeehan
232	Louie Stengel

Utica College

<u>Bib #</u>	<u>Name</u>
233	Praise Austin
234	Kyle Cairns
235	Tyler Hayes
236	Jeremiah Johnson
237	David Lewis
238	Jamie McNamara
239	Ben Moe
240	Hunter Padgett
241	Morgan Payne
242	Steve Sedotto
243	Eric Stevens
244	Corey Zlatniski

EMPIRE 8 MEN'S CHAMPIONS

2011 – Ithaca	Cohen Miles-Rath (St. John Fisher), 25:55
2010 – Ithaca	John Davis (Ithaca), 25:48
2009 – RIT	Jared Burdick (RIT), 25:34
2008 – Ithaca	Drew Hodge (Ithaca), 25:49
2007 – RIT	Brendan Epstein (Naz.), 25:36
2006 – RIT	Jesse Williamson (RIT), 25:28
2005 – RIT	Nate Lowe (RIT), 26:14
2004 – Ithaca	Shawn Calabrese (Ithaca), 26:12
2003 – Ithaca	Mike Styczynski (Ithaca), 25:30

